Virden Seniors Access for Independent Living Questions? ... call K

<u>call Krista at 204-748</u>-2323

## **MONEY TALK...TAXES AND MORE**

WHAT CAN I LEARN ABOUT HOW TO MANAGE MY FINANCES, AND ARE THERE NEW SUPPORTS I MIGHT QUALIFY FOR?



Gwenda Hayward Presenting

## MENTAL HEALTH AND WELLNESS

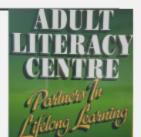
CHECK OUT THE SUPPORTS AVAILABLE IN OUR OWN COMMUNITY FOR WELLBEING



Teresa Anderson Presenting

## A.P.P.L.E. TECHNOLOGY SUPPORT

HOW DO I USE TECHNOLOGY SAFELY? WOULD AN EMAIL OR FACEBOOK ACCOUNT BENEFIT ME WHEN CONNECTING WITH OTHERS? WHAT IS VIDEO CHATTING ALL ABOUT?



Sara Meyers Presenting



@the Border Regional Library 312 Seventh Ave S 3rd Thursday of every month 1:30-3:30pm

