

SAIL INFORMATION AFTERNOONS

3RD THURSDAYS
1:30-3:30PM
2023
AUTUMN

...Join us for information, conversation & refreshments
Seniors Access for Independent Living

SEP 12

WESTMAN EMERGENCY GROUP

AM I PREPARED FOR AN EMERGENCY?
WHAT CAN I DO TO BE READY?

WESTMAN EMERGENCY GROUP



Marc Savoy presenting

OCT 19

ALZHEIMER SOCIETY MANITOBA

HOW CAN I GET SUPPORT FOR MYSELF OR A
LOVED ONE?

Alzheimer

Society
MANITOBA

Dementia Care
& Brain Health

Christine & Brenda presenting

NOV 16

LIFELINE

...SO MUCH MORE THAN A BUTTON!
WHAT CAN I DO TO KEEP MYSELF
INDEPENDENTLY AT HOME?



VICTORIA LIFELINE
Safe and Independent Living



@the Border Regional Library 312 Seventh Ave S
3rd Thursday of every month 1:30-3:30pm

Vicki from Lifeline presenting

Border Regional

